

Week 1 Practice

Write out the syllables for each of the following rhythms.

Try speaking and clapping each bar separately, then move to the next bar.

Once you have completed all the bars in a line, try speaking and clapping the whole line together.

Example:

1 2 3 4 1 + 2 + 3 + 4 + 1 (2) 3 (4) 1 (2) (3) (4)

1

1 2 3 4 1 + 2 + 3 + 4 + 1 (2) 3 (4) 1 (2) (3) (4)

2

1 2 3 4 1 + 2 + 3 + 4 + 1 (2) 3 (4) 1 (2) (3) (4)

3

1 2 3 4 1 + 2 + 3 + 4 + 1 (2) 3 (4) 1 (2) (3) (4)

Example:

1 2 + 3 + (4) 1 2 (3) 4 1 (2) (3) 4 + 1 + (2) (3) 4

4

1 2 + 3 + (4) 1 2 (3) 4 1 (2) (3) 4 + 1 + (2) (3) 4

5

1 2 + 3 + (4) 1 2 (3) 4 1 (2) (3) 4 + 1 + (2) (3) 4

6

1 2 + 3 + (4) 1 2 (3) 4 1 (2) (3) 4 + 1 + (2) (3) 4

Example:

1 2 3 + (4) + 1 + 2 + (3) + 4 + 1 2 3 (4) (1) + 2 3 + (4) +

Complete each rhythm by adding notes to each bar, so that there are exactly 4 beats in each bar. Then write out the rhythms and try speaking and clapping them.

Write your own rhythms in each bar, making sure that each bar has exactly 4 beats. Then write out the rhythms and try speaking and clapping them.

Week 2 Practice

Write out the syllables for each of the following rhythms.

Try speaking and clapping each bar separately, then move to the next bar.

Once you have completed all the bars in a line, try speaking and clapping the whole line together. .

Example:

1 + 2 + 3 + 4 + 1 e + a 2 e + a 3 e + a 4 e + a 1 (2) 3 (4) 1 e + a 2 + 3 4 e + a

1

2

3

Example:

1 + (2) + 3 e + a(4)e + a 1 (2) 3e + a(4)+ 1 2 + a3 + a4 1 e + 2 e + a(3)e + a 4

4

5

6

Complete each rhythm by adding notes to each bar, so that there are exactly 4 beats in each bar. Then write out the rhythms and try speaking and clapping them.

7 

8 

9 

Note Practice (Page 8 of Part I might help!):

Using the Major Scale Pattern: Root W W H W W W H, write out the notes of these major scales:

C major: C D E F G A B C

E major: E F# G# A B C# D# E

10 G major:

11 F major:

12 A major:

Here is the Minor Scale Pattern: Root W H W W H W W
Using this pattern, write out the notes of these minor scales:

C minor: C D Eb F G Ab Bb C

13 A minor:

14 D minor:

15 E minor:

EXTRA: Try playing these scales on your instrument and/or on a piano!

Week 3 Practice

Write the note names for each of the given Melodies,
Write out each bar separately and try playing the notes in each bar, then move to the next bar.
Once you have completed all the bars in a line, try playing the whole line all together.

Example:

C E D E F D E C D D C B C C C

1

2

3

4

Write out the syllables for each of the following rhythms in 3/4 time.
Try speaking and clapping each bar separately, then move to the next bar.
Once you have completed all the bars in a line, try speaking and clapping the whole line together. .

Example:

1 2 3 1 + 2 + 3 + 1 (2) 3 1 e + a 2 + 3

5

6

7

8

Complete each rhythm by adding notes to each bar, so that there are exactly 3 beats in each bar. Then write out the rhythms and try speaking and clapping them.

9

10

11

Write out the note names for each note, then write the interval between each of the notes.

On this page only two intervals are used: the Half Step (H) and Whole Step (W). Remember that there is a whole step between most of the letters (natural notes), EXCEPT for from B to C and E to F. You can use "BeCause EleFants" to remember this.

Example:

12

13

14

15

Week 4 Practice

Write out the syllables for each of the following rhythms.

Try speaking and clapping each bar separately, then move to the next bar.

Once you have completed all the bars in a line, try speaking and clapping the whole line together.

Example:



1 2 + 3 (4) + 1 (2) + 3 (4) 1 + 2 e + a 3 (4) + 1 + (2) 3 (4)

1



2



3



Example:



1 e + a 2 3 (4) + 1 (2) + 3 + (4) (1) (2) (3) 4 (1) (2)+(3) 4

4



5



6



Write the note names for each of the given Melodies,
Write out each bar separately and try playing the notes in each bar, then move to the next bar.
Once you have completed all the bars in a line, try playing the whole line all together.

Example:

C E G E G A G B C D E G A B C

7

8

9

Write out the note names for each note, then write the interval between each of the notes.

The exercises below use only these intervals:

Half Steps (H), Whole Steps (W), Minor Thirds (m3), and Major Thirds (M3).

A Major Third (M3) is equal to two Whole Steps, or four Half Steps.

A Minor Third (m3) is equal to a Whole Step plus a Half Step, or three Half Steps.

Example:

C E G E F A F D E F G A C A C E
M3 m3 m3 H M3 M3 m3 W H W W m3 m3 m3 M3

10

11

12

Week 5 Practice

Write out the syllables for each of the following rhythms.
 Try speaking and clapping each bar separately, then move to the next bar.
 Once you have completed all the bars in a line, try speaking and clapping the whole line together. .

Example:

1 + 2 (3) + 4 1 + (2) 1 e + a 2 + (3) + 4 1 2 e + (3) 4 +

1

2

3

Write the note names for each of the given Melodies,
 Write out each bar separately and try playing the notes in each bar, then move to the next bar.
 Once you have completed all the bars in a line, try playing the whole line all together.

Example:

4

5

6

Identify the Major Key associated with each Key Signature
Then write the notes of that scale, with the note names underneath.

Example:

G A B C D E F# G

7

8

9

Write out the notes of each Triad in the given Major Key.
Then write the Chord Symbol underneath.

Example:
D Major:

D E- F#- G A B- C#° D

10

C Major:

11

Bb Major:

12

E Major:

Week 6 Practice

Write out the syllables for each of the following rhythms.

Try speaking and clapping each bar separately, then move to the next bar.

Once you have completed all the bars in a line, try speaking and clapping the whole line together.

Remember that triplets can be counted like this: "1 + a, 2 + a, 3 + a, 4 + a"

Example:

1 2 + 3 + a 4 1 + a 2 3 e + a 4 1 (2)+ 3 + 4 + a 1 2 + a 3 + a 4

1

2

3

Write the note names for each of the given Melodies,

Write out each bar separately and try playing the notes in each bar, then move to the next bar.

Once you have completed all the bars in a line, try playing the whole line all together.

Example:

4

5

6

Write out the note names for each note, then write the interval between each of the notes.

The exercises below use only these intervals:

Half Steps (H), Whole Steps (W), Perfect 4ths (P4), and Perfect 5ths (P5)

A Perfect 5th is equal to seven Half Steps (or three Whole Steps plus one Half Step)

A Perfect 4th is equal to five Half Steps (or two Whole Steps plus one Half Step)

Example:

Write out the notes of each 7th Chord in the given Major Key.
Then write the Chord Symbol underneath.

Example:

F Major:

C Major:

G Major:

Ab Major:

Week 7 Practice

Write out the syllables for each of the following rhythms.

Try speaking and clapping each bar separately, then move to the next bar.

Once you have completed all the bars in a line, try speaking and clapping the whole line together. .

Example:

1 2 e + a (3) + 4 + a (1) 2 + 3 + a 1 2 (3) 4 e + a 1 + a 2 + a 3 + a (4) +

1

2

3

Write out the notes of the following Major Scales:

Remember the Major Scale Pattern! Root W W H W W W H

Example:

Eb Major:

Eb F G Ab Bb C D Eb

D Major:

4

A Major:

5

Ab major:

6

The Four Kinds of Triads:

Major Triad: M3 + m3

Minor Triad: m3 + M3

Diminished Triad: m3 + m3

Augmented Triad: M3 + M3

Write out the notes of the following Triads:

Examples:

C Major Triad (C): F Minor Triad (F-): Eb Major Triad (Eb): E Diminished Triad (E°)

C E G F Ab C Eb G Bb E G Bb

7 C Minor Triad (C-): D Major Triad (D): F Major Triad (F): Bb Major Triad (Bb):

8 Ab Major Triad (Ab): E Major Triad (E): D Minor Triad (D-): D Diminished Triad (D°):

Identify the Following Triads:

Example:

G- A B° D-

9

10 401

The Three Most Common Types of 7th Chords:

Major 7th ("maj7"): M3 + m3 + M3

Minor 7th ("-7"): m3 + M3 + m3

Dominant 7th ("7"): M3 + m3 + m3

Write out the notes of the following 7th Chords:

Examples:

Fmaj7
B-7
D7
Bbmaj7

F A C E
B D F# A
D F# A C
Bb D F A

7

G7
C-7
A7
Dmaj7

8

F#-7
Eb7
Dbmaj7
E-7

Identify the Following 7th Chords:

Example:

E7
Abmaj7
B7
Bb-7

E G# B D
Ab C Eb G
B D# F# A
Bb Db F Ab

9

10

Writing Melodies and Chord Progressions

Triads in C Major:

I C : C E G
 ii D- : D F A
 iii E- : E G B
 IV F : F A C
 V G : G B D
 vi A- : A C E
 vii° B° : B D F

The following melody is in C major. Write a chord progression to go with the melody using one chord per bar, and using Triads in the key of C major.

C G E F G A A C D E D E D A C D E G A C

Write a four bar melody in C major, and then write a chord progression to go with it using Triads in the key of C major.

Write a four bar chord progression using Triads in the key of C major, then write a melody in C major to go along with it.

Triads in G Major:

I	G :	G B D
ii	A- :	A C E
iii	B- :	B D F#
IV	C :	C E G
V:	D :	D F# A
vi:	E- :	E G B
vii ^o	F# ^o :	F# A C

7th Chords in G Major:

Imaj7	Gmaj7 :	G B D F#
ii7	A- :	A C E G
iii7	B- :	B D F# A
IVmaj7	Cmaj7 :	C E G B
V7	D7 :	D F# A C
vi7	E-7 :	E G B D
vii ^o 7	F# ^o 7 :	F# A C E

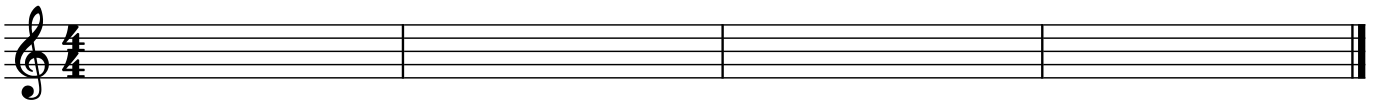
The following melody is in G major. Write a chord progression to go with the melody using one chord per bar, and using Triads and/or 7th chords in the key of G major.



Write a four bar melody in G major, and then write a chord progression to go with it using Triads and/or 7th chords in the key of G major.



Write a four bar chord progression using Triads and/or 7th chords in the key of G major, then write a melody in G major to go along with it.



Try writing melodies and/or chord progressions in any of the 12 major keys!

